Decades of research have demonstrated that the parent-child dyad and the environment of the family—"which includes all primary caregivers"—are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use
of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

A step-by-step guide to conducting research in medicine, public health, and other health sciences, this clear, practical, and straightforward text demystifies the research process and empowers students (and other new investigators) to conduct their own original research projects.

Master's Thesis from the year 2017 in the subject Women Studies / Gender Studies, Hawassa University, language: English, abstract: Female Genital Mutilation (FGM) is recognized internationally as a violation of human rights of girls and women constituting an extreme form of gender discrimination with documented health consequences. The aim of this study was to assess knowledge, attitude and practice of women towards FGM practice. A community based cross-sectional study design was applied. Both quantitative and qualitative were employed. A total of 278 women at reproductive age (15-49) were sampled for the study from six randomly selected kebeles of Angacha woreda. The survey data was analyzed by SPSS soft ware version 20. Descriptive statistics such as mean, percentage and frequency were used for analyzing data. Binary Logistic Regression Model was used to analyze determinant Associated Factors regarding FGM. In addition qualitative data were analyzed thematically and the result was presented in narration. The result showed that 55.4% of women had good knowledge about FGM practice however 44.6% had poor knowledge. The majority of the women (50.4%) had
negative attitude while 49.6% of them had positive attitude towards FGM practice. Tradition and fear of marriage were the major reasons for the continuation of this practice. From study participants 92.4% of respondents that FGM was being practiced in their community and 77.7% of participants were undergone themselves. This study revealed that 79.5% of women were encountered physical health problems related to FGM and 59.7% of women were encountered psychological and sexual problems related to FGM. Bivariate and Multivariate analyses were carried out to identify determinant factors of practice. Age, family income, knowledge and attitude were significantly associated factors for FGM practice. [...] This pocketbook is a concise companion for health care professionals who manage patients with acute lung infections.

The main purpose of this study was to assess knowledge, attitude and practices among young adults aged 18-25 years towards Leptospirosis within highly endemic postal zones in Kingston and St. Andrew, Jamaica.

Studies that assess and analyse people's nutrition-related knowledge, attitudes and practices (KAP) are a useful method for gaining such an insight into peoples' personal determinants of their dietary habits. The manual offers guidance and practical steps for planning and conducting a KAP survey, and for analysing and reporting the survey findings.
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Improve outcomes through evidence-based therapy. This practical, easy-to-use guide uses a five-step process to show you how to find, appraise, and apply the research in the literature to meet your patient’s goals. You'll learn how to develop evidence-based questions specific to your clinical decisions and conduct efficient and effective searches of print and online sources to identify the most relevant and highest quality evidence. Then, you'll undertake a careful appraisal of the information; interpret the research; and synthesize the results to generate valid answers to your questions. And, finally, you'll use the Critically Appraised Topic (CAT) tool to communicate your findings.

From the creator of the popular website Ask a Manager and New York’s work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There’s a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don’t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You’ll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you’re being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate’s loud speakerphone is making you homicidal • you got drunk
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at the holiday party Praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green’s] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author’s friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers’ lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green’s Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

For the millions of Americans who want spirituality without religion, Sam Harris’s latest New York Times bestseller is a guide to meditation as a rational practice informed by neuroscience and psychology. From Sam Harris, neuroscientist and author of numerous New York Times bestselling books, Waking Up is for the twenty percent of Americans who follow no religion but who suspect
that important truths can be found in the experiences of such figures as Jesus, the Buddha, Lao Tzu, Rumi, and the other saints and sages of history. Throughout this book, Harris argues that there is more to understanding reality than science and secular culture generally allow, and that how we pay attention to the present moment largely determines the quality of our lives. Waking Up is part memoir and part exploration of the scientific underpinnings of spirituality. No other book marries contemplative wisdom and modern science in this way, and no author other than Sam Harris—a scientist, philosopher, and famous skeptic—could write it.

While there are a number of clinical practices for treating a variety of diseases, there is an urgent need to integrate bio-psychosocial perspectives and practices in order to promote comprehensive healthcare. Current research reports that diseases such as HIV/AIDS, malaria, diabetes, cardiovascular diseases, and heart diseases are a growing threat to the health and quality of life of individuals across the globe. Considering that nearly all these diseases are directly related to the lifestyle of an individual, prevention and intervention should be devised to address psychological, emotional, social, and spiritual factors. Biopsychosocial Perspectives and Practices for Addressing Communicable and Non-Communicable Diseases is a collection of theoretical research that promotes good health and quality of
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life through psychosocial interventions to address psychosocial problems facing individuals such as discrimination and stigma, stress, depression, alcohol and drug abuse, smoking, lack of physical activity, and many other socio-economic factors. While highlighting topics including mental health, traditional healthcare, and global health, this book is ideally designed for therapists, counselors, psychologists, medical professionals, hospital administrators, researchers, academicians, and students in fields that include public health, nursing, community-based healthcare, health psychology, HIV/AIDS education, human movement education, and sport psychology.

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